

# THE WHEEL PUBLICATIONS



**VOL. 1 ISSUE 2**



**WRITTEN BY: ROTARACTOR  
JOHN JOSEPH SOQUES**





TOGETHER, WE

# EMPOWER

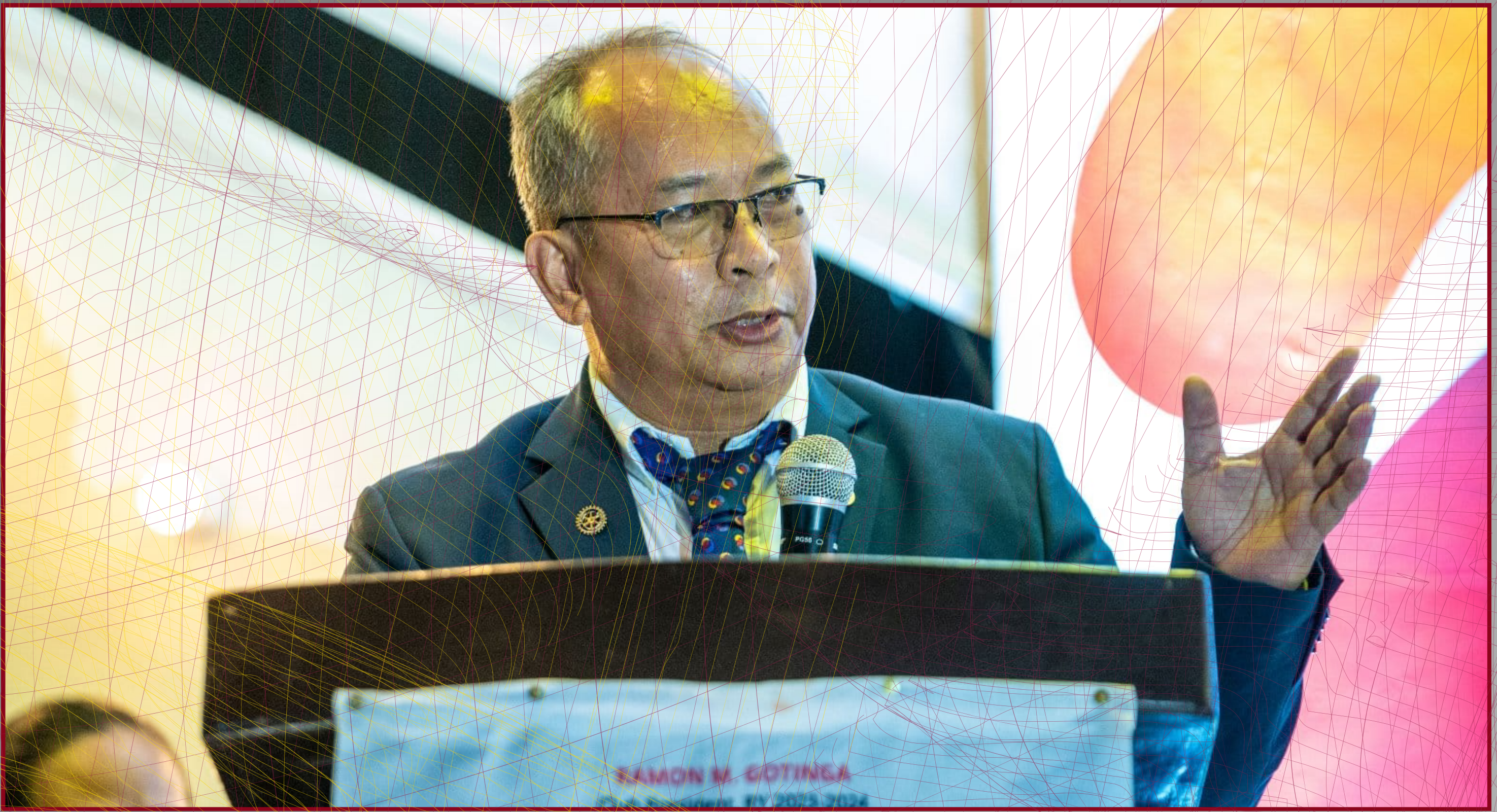
Potential shines brightest when it's inspired. That's why Rotary clubs invest time and expertise in encouraging others to be the best they can be. Empowering those who have big dreams to achieve great things — that's what people of action do. Learn more at [Rotary.org](https://www.rotary.org).

Rotary



PEOPLE OF ACTION





## HCP'S MESSAGE

---

“Today, we gather as the bearers of hope, driven by a shared purpose to uplift lives and illuminate the path towards a brighter future. As the Hope-Creating President of the Rotary Club of Central Surigao, I urge all of us to recognize the transformative power of education and literacy. This initiative is not merely about school supplies; it is a stepping stone toward breaking the chains of poverty that bind our community.

Education is the stepping stone of hope, the key to unlocking a world of opportunities and possibilities. It's a powerful catalyst, enabling minds to dream beyond the confines of circumstance, empowering individuals to break free from the cycle of poverty. The children of today, when armed with knowledge and nourished by the gift of literacy are poised to rise above their current circumstances and reach for the stars and heavens.

Literacy, the foundation of education, is the bridge that connects the present to a prosperous future. It equips individuals with the ability to read to learn, and to think critically. By supporting projects that focus on education, we are fueling this bridge, enabling the children of Rotary, of today to cross over into a realm of heightened awareness and understanding. This transformation sets the stage for a ripple effect, impacting families, communities, and generations to come.

There is much more to this revolutionary process than just what happens within the classroom. It resonates in households where parents see their children's intelligence growing and are motivated to embrace education as a ray of hope. Communities that were once constrained by a lack of knowledge are now blossoming with a renewed sense of curiosity and a desire to learn. We are planting the seeds of a better tomorrow as we Education, this project and these young learners' development. We create an environment in which every kid, equipped with education and literacy, shines as a lighthouse of change, pointing the way toward a future rich in information, equity, and limitless possibilities.

Our vision of eradicating poverty starts here, with education as our guiding light. By supporting projects that focus on education, we are nurturing the roots from which hope and prosperity will flourish. These children, with their dreams ignited and fueled by knowledge, will blossom into resilient individuals, steering their lives and our community towards a brighter horizon. “





## Wheeling Together for Change:

The Wheel emerges as a symbol of collective impact and unified commitment toward fostering positive change within our community. As a collaborative endeavor between the Rotary Club of Central Surigao, Rotaract Club of Central Surigao, and the Interact Club of Central Surigao, our vision extends far beyond the pages of a publication. It represents a dynamic platform pulsating with the aspirations, endeavors, and collective endeavors of passionate individuals working hand-in-hand to transform lives and empower communities.

We envision a world where every individual is not just a mere witness but an active participant in the journey towards progress and sustainable development. It serves as a vibrant conduit that amplifies diverse voices, ideas, and stories—each contributing to the larger narrative of service, leadership, and humanitarianism.

The Wheel thrives as a nexus of collaboration, knowledge sharing, and inspiration. It embodies the collective wisdom, innovative solutions, and compassionate endeavors of our members, partners, and the communities we serve.

The publication stands as a testament to the values of Rotary International—service above self, fellowship, diversity, integrity, and leadership. It encapsulates the essence of our commitment to Rotary's Areas of Focus: promoting peace, fighting disease, providing clean water, supporting education, saving mothers and children, growing local economies, and protecting the environment.

Through thought-provoking articles, impactful narratives, insightful interviews, and engaging content, "The Wheel" aims to provoke discussions, ignite passion, and catalyze action.

"The Wheel" seeks to be more than just a magazine—it is a catalyst for transformation, an instrument for advocacy, and a canvas for innovation. It empowers individuals to become change agents, encouraging them to leverage their skills, resources, and networks to address pressing social challenges and make a lasting difference.

Through "The Wheel," we unite our voices, share our stories, and together, we drive change—one page at a time.



# The Challenges we currently face in the Wheel

**Resource Allocation:** One of the primary challenges we foresee is securing adequate resources to sustain our publication. This includes financial considerations to cover printing costs, digital platform maintenance, and content creation expenses. Additionally, finding skilled manpower to contribute to content creation, editing, and managing the publication is essential in running the wheel. Balancing these needs while ensuring the quality and consistency of "The Wheel" poses a significant challenge.

**Content Curation:** Maintaining a consistent flow of high-quality, diverse, and engaging content is crucial to keep our readers engaged and interested. This entails not only finding relevant topics but also ensuring that the content is well-researched, thought-provoking, and aligns with the publication's objectives. Striking a balance between different themes, perspectives, and interests to cater to a wide audience while maintaining the publication's standard of excellence is a challenge we anticipate.

**Sustainability:** Ensuring the long-term sustainability of our publication involves creating revenue streams to cover operational costs. Exploring avenues such as advertisements, sponsorships, partnerships, or subscription models requires strategic planning and execution. Maintaining financial stability while keeping the publication accessible to our community might be a challenging balancing act.

**Logistics and Distribution:** Managing the logistics of distribution, whether in print or digital formats, is another challenge. Ensuring that "The Wheel" reaches our target audience efficiently and cost-effectively, particularly in areas with limited infrastructure or technological access, demands careful planning. Coordinating printing, distribution, or online dissemination strategies to maximize reach while minimizing costs poses logistical challenges.

**Coordination among Clubs:** Harmonizing efforts and ensuring effective communication among the Rotary Club, Rotaract Club, and Interact Club is crucial. Aligning goals, coordinating content contributions, and maintaining consistent publication timelines among these different entities may require proactive coordination and effective leadership to avoid potential conflicts or delays.

**Adapting to Change:** The publishing landscape is constantly evolving with technological advancements and changing reader preferences. Staying relevant in the digital realm, adapting to new communication platforms, and embracing emerging trends while maintaining the Wheel publication's identity could be a continual challenge. Continuously learning and adapting to new technologies and audience behaviors is crucial for staying competitive especially for us, of whom is a new publication body



## Editor - in - Chief's Message

Within these pages, we've gathered an ensemble of stories, which illustrates our shared dedication to assist, inspire, and impact communities. "The Wheel" is more than simply a publication; it's a ray of optimism and proof of our Rotary family's continuous commitment. We've assembled an orchestra of success stories, goals, and objectives within these pages, which reflects our shared dedication to help, inspire, and impact communities. Take a seat on this journey of discovery with us as we try to promote equilibrium, ignite conversation, and fan the flames of constructive change. Let us collectively navigate towards a future enlightened by compassion and kindness.

**JOHN JOSEPH SOQUES**  
Editor - in - Chief





### Actions for Hope

The serene port city of Surigao was not immune to the global surge in mental health challenges. In recent months, distressing reports of mental health issues surfaced, stirring concern and a call to action. However, amid these difficulties, the answer to the clarion call emerged in the form of the Rotary Club of Central Surigao, led by its Hope Creating President, Mr. Ramon Gotinga, and the Rotaract and Interact Clubs of Central Surigao. Answering the fervent call from Rotary International President, they transversed on a hope creating journey to address mental health concerns in the community in the bountiful city of Surigao

The asphalt-lined and cobble stone roads of Surigao murmured with whispers of anxiety, despair, undeniably, shaming the once primeval scape of a once bountiful and joyous city of colors and adventures. It, thus, paved the way towards the elements of depression, substance abuse, and stress: it became a prevalent occurrence, extricably, hinting at an underlying crisis in mental health well-being. These distress signals echoed throughout every part of the city, inevitably, it was noticed by Mr. Ramon Gotinga and his dedicated team at the Rotary Club of Central

Surigao and from its underwing organizations: the Rotaract and Interact Club of Central Surigao. They understood that the time had come for a concerted effort to shine a light on mental health issues plaguing their beloved city.

With a hope creating spirit and a commitment to service above self, Mr. Ramon Gotinga, alongside the passionate members of the Rotaract and Interact Clubs and with the support of his fellow Centralians of the Rotary Club of Central Surigao, took up the mantle to address mental health related issues. Recognizing the urgency of the situation, they forged a partnership with the Drug and Treatment Rehabilitation - Caraga and set their sights on organizing a groundbreaking Mental Health Symposium all over the schools of Surigao, commencing at Saint Paul - Surigao

Hope Creating President, Mr. *Ramon Gotinga* shared his sentiments towards his constituents and members of the community: "We cannot turn a blind eye to the silent struggles of our community members. It's our duty, as Rotarians and concerned citizens, to foster an environment where mental health is given the priority it deserves."





It commenced as a deliberative conversation between the Rotary Club of Central Surigao and the Rotaract Club of Central Surigao, sparked by Mr. Gotinga's unwavering commitment to Rotary's global cause. He rallied the Rotary Club and all of its vices, harnessing its momentum of working together with the Rotaract and Interact Clubs of Central Surigao, after seeing the urgent need to de-stigmatize mental health issues. The clubs labored in harmony to organize an event that would have a lasting impact on the community through the combination of their skills and interests as the symposium's plans came to existence.

Participants, organizers, and members of the Supreme Secondary Learners Government bustled with anticipation, making sure every detail was primed to nurture a safe and supportive environment. As the symposium day dawned, Citizen Army Training "regiments" of Saint Paul Surigao surrounded the area proudly standing by leui proclamations of the event's mission: "Empowering Minds: Breaking Barriers."

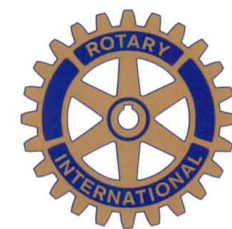
A sense of hope permeated the Saint Paul University gymnasium as students and C.A.T. personnel, flocked. Mr. Gotinga, alongside his Rotaractors ushered in the symposium with an ecstatic appeal for solidarity, adorned not with a spirit of hope. Exemplary speakers from the Drug and Treatment Rehabilitation Center - Caraga dispelled misconceptions and promoted understanding as they explored the complicated subject of mental health throughout the day. The symposium blossomed into a knowledge-sharing ecosystem, weaving an array of insights and common experiences from the masses. The organizations' evident cooperation reflected a strong commitment to breaking the taboo around mental health issues. The symposium was not the end, but rather the beginning of something continuous. Empowered with new understandings and strengthened partnerships, the Rotary family and its collaborators are dedicated to extending this momentum into continuing community projects, establishing a culture that values empathy and encouragement.



# Object of Rotary

*The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:*

- I. The development of acquaintance as an opportunity for service;*
- II. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to service society;*
- III. The application of the ideal of service in each Rotarian's personal, business, and community life;*
- IV. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.*



## THE FOUR-WAY TEST of the things we think, say or do

*first*

**Is it the TRUTH?**

*second*

**Is it FAIR to all concerned?**

*third*

**Will it build GOOD WILL  
and BETTER FRIENDSHIPS?**

*fourth*

**Will it be BENEFICIAL to  
all concerned?**



As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve Rotary
3. Conduct all my personal, business and professional affairs ethically encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings.
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work of the relief of the special needs of others, and to improve the quality of life in my community.
7. Honor trust that Rotary and other Rotarians provide and not do anything that will bring disfavor or reflect adversely on Rotary or other Rotarians
8. Not seek from a fellow a privilege or advantage not normally accorded others in a business or professional relationship





## Pathways for Hope: A Mental Health Symposium

Within the innovative hallways of Caraga Regional Science High School, there was a sense of excitement and wonder. Student's from every grade level congregated in the school's computer lab, adorned with colorful banners from an earlier event they were involved in that signaled the beginning of a life-changing occasion.

This symposium was a team effort that was distinguished by shared goals and a common dedication. In a society where stigma and misconceptions about mental health are prevalent. The Rotary Club of Central Surigao, together with its active allies, the Rotaract and Interact Club of Central Surigao and the Drug and

Treatment Rehabilitation Center, teamed up to promote mental health awareness among young people in Caraga Regional Science High School. The Rotary Club of Central Surigao envisioned an inclusive forum for candid discussion and mental health education under the direction of President Ramon Gotinga. They enlisted the help of the active Rotaract and Interact Clubs because they understood the importance of early intervention and fostering an empathetic culture.

The school hall changed into a haven of knowledge and insight as the symposium day grew closer. Eager inquisitive students were greeted with thoughtfully constructed answers. There was a distinct sense of curiosity

mixed with a yearning for information, and the air was alive with expectancy.

President Gotinga greeted the participants, and facilitators and later on, talked about the value of mental health in managing the challenges of life. With the goal of destigmatizing mental health concerns, the symposium developed into an assortment of perceptive talks, and open dialogues.

Students actively participated in class, asking thoughtful questions and sharing personal anecdotes rather than being passive viewers. The symposium served as a spark for long-overdue discussions

and the development of a community where mental health was valued and treated with kindness.

The Rotary Club of Central Surigao, in conjunction with the Rotaract and Interact Club of Central Surigao, has established a foundation for a future, characterized by greater compassion and awareness. Left with fresh perspectives, a renewed resolve to raise mental health awareness in their communities, and tools to help them deal with life's obstacles. it marked not just the culmination of an event but the beginning of a journey fueled by empathy, knowledge, and unity